

PLASTIC FREE SUSTAINABLE TRAVEL

A slight breeze floats in the air, the trees start to bloom, and the sunny days are coming back... **Spring is here!** With the warmth of longer days, the desire to explore is growing stronger. For your next trip to be a great one, it must be respectful of our planet. So here are our 5 tips to avoid any mistakes while traveling!



SOUVENIRS IN YOUR HEAD, NOT IN YOUR POCKETS

When discovering the beauty of the world, we often wish to keep a memory of this trip. And even if the best ones are those we keep in our memory, sometimes we can't help but be tempted by a little souvenir. The right habit: choose your souvenir well! For that we can ask ourselves the following questions: Will it be useful, or will it collect dust at the bottom of a closet? Is it made of plastic on the other side of the world or is it locally handcrafted from more eco-responsible materials? Is it a pebble or a shell from a protected beach? In this case it is better to leave it where it is so that it contributes to the ecosystem of the beach.



PLANNING A ZERO-PLASTIC PICNIC

Feeling hungry on the road? Journeys can be long, and a small snack is always welcome. To stop hunger without breaking your budget, cook yourself a meal and pack it with you! There are a lot of take-away food outlets, but they hide a lot of single-use plastic packaging.

Did you know? Food packaging is one of the top 10 types of waste found in our waste collections.

To fight against this plastic scourge, couldn't be more simple: bring your picnic in reusable packaging (box, waxed cloth etc.) to enjoy your favorite foods. You don't have to be a great chef to enjoy your meal while traveling.

FINDING WATER AT ITS SOURCE

First reflex to go towards a zero-waste lifestyle: have you thought about bringing your reusable bottle? In addition to being a simple habit to adopt, if it is isothermal, it will keep your water cold during all your adventures. To refill it, don't panic, there are apps like «Free Taps» that allow you to geolocate the nearest drinking water point. You can also ask to be refilled in cafes or restaurants.

Small tip: to be sure to always have drinking water at hand, think of filters, you will never run out!



DON'T LEAVE A MARK

Are you a camping or bivouac enthusiast? Don't leave your trash or cigarette butts sleeping under the stars. Take advantage of this moment of immersion in the middle of nature to get closer to the essential without leaving any trace in your path. All the garbage that came with you has already booked its space for the way back, and the cigarette butts must also be put back in their pocket ashtrays, so don't forget them on the side of the road.

The small things make a difference: you can pick up the garbage you see on your way. Nature will thank you.

Even if it's not yours, don't leave any garbage in your path, because once it's left in nature, it won't find its way back to the dumpsters alone.



BECOME A PLASTIC ORIGINS VOLUNTEER

80% of the waste found in the ocean comes from inland. With the «Plastic Origins» project, help us reduce plastic pollution at its source!

Thanks to the PlasticOrigins app, geolocate and list the waste you encounter near waterways. By contributing to this collaborative science project, you are collecting essential data to better understand the origin of plastic pollution. The data collected will allow us to identify the most polluted places and the type of pollution they suffer from in order to address them as efficiently as possible.

As a reminder: the best waste is the one we do not produce!

Let's change the way we produce and consume plastic to protect the ocean.

 **SURFRIDER**
FOUNDATION EUROPE

#BreakThePlasticWave